

DAY 2

2026 edition

LONDON

ITINERARY



by **JESSICA DANTE** of **LOVE + LONDON**

Key:



HOURS



WHEELCHAIR FRIENDLY



ESTIMATED TIME TO SPEND ON A VISIT



VEGGIE FRIENDLY



WEBSITE (CLICKABLE)



VEGAN FRIENDLY



LOCATION (CLICKABLE)



GLUTEN-FREE FRIENDLY



ATTRACTION INCLUDED IN THE LONDON PASS



ONE OF JESS'S FAVOURITE SPOTS IN LONDON

Cost guide:

£ - up to £20 (*per person*)

££ - £21 up to £40

£££ - £41 up to £70

££££ - £70 +

DAY 2

ACTIVITIES AND SIGHTS



Day 2 in London - exciting!

Today will require less walking, so if your feet or wheels feel a little weary, don't worry. The areas covered are closer together than yesterday. You'll be in the very centre of London, which is absolutely buzzing. Just like yesterday, you'll see lots of famous areas and sights, but in between I'll be giving you plenty of recommendations for locally-loved things to do, see, eat and drink.



Photo Courtesy of TodayTix

West End Theatres

Before starting, I want to mention that today you'll be near the theatres where some of my favourite West End shows are held. If you're looking to see a show while you're in London, then today would be a great day to do it. Don't forget that the days in this itinerary don't need to be followed in any particular order, so you could just see which day you can get tickets for, and then do "Day 2" on that day.

My top favourites include:

- [The Lion King](#) - needs no introduction
- [The Book of Mormon](#) - religious comedy from the creators of South Park
- [Agatha Christie's The Mousetrap](#) (the longest running play in the world!) - a fun murder mystery

All other West End shows are within walking distance of everything you'll see today, so have a look at [London Theatre Direct](#) to see what's showing over the next few months.

Start at Covent Garden Piazza

Today begins in Covent Garden Piazza, which is the heart of the world-famous Covent Garden area. The earlier you get here, the quieter it will be, especially on the weekends. This is great for easily getting into breakfast places and for walking around, but not as great for shopping, as shops tend to open between 10am and noon. Either way, there's lots to check out here!



Photo courtesy of Royal Opera House

Royal Opera House

If you find yourself in Covent Garden before the shops open (or heck, even if they are open), you should pop into the Royal Opera House at least for a walk around. It's free, and the building itself is absolutely stunning. You'll also be able to see models of how the Opera House has looked over the centuries, and costumes on display from historic performances over the years, like Swan Lake. Plus, if you head to the top floor, there's a stunning restaurant, cafe, and a terrace that looks out over Covent Garden Piazza, which many Londoners don't even know about.

There are also a few tours that the Opera House offers through the day - you can sometimes get a last-minute spot, but [try to book ahead online](#) if you can, especially during the busy summer months.

Free to visit - £ | [Adult tickets start at £25](#)



30 - 75 minutes





Photo courtesy of St Paul's Church

St. Paul's Church

You'll definitely notice St. Paul's when you're in Covent Garden Piazza (no relation to the one with its own Tube stop, by the way). You can attend free services here, plus if you walk through the gates, there's a lovely garden you can sit in and enjoy if the weather is nice. Often called "The Actor's Church".

Free

 30 minutes



Photo Courtesy of London Transport Museum

London Transport Museum

A good place to visit for the train or transportation buffs. Even if you don't want to get tickets for the museum, the gift shop is pretty good, and it's the best place to get anything with the classic London Tube station "roundel" on it. The museum is quite family-friendly, and kids under 17 get free tickets.

££ | Adult tickets are £27 and free for kids under 17.

 Daily 10am - 6pm (last entry 5:15pm)

 2 hours



Floral Street

The main shopping street in this area is Long Acre Road, but it's lined with high street shops that you can find around the world, maybe even at home. So instead, head to Floral Street to browse some smaller boutiques and British-born shops like The Alkemistry, A.P.C., and Agnes B.

Free





Boutique Beauty Shops

If you're on the hunt for some high-end beauty shops, Covent Garden's beauty quarter is the ideal spot. Shop at Charlotte Tilbury, Aesop, Jo Malone, Penhaligon's, and more.

Free



Photo courtesy of Viator

Misfits of Covent Garden Walking Tour

This fun walking tour will show you that Covent Garden is much more than posh shopping boutiques and fancy restaurants... in fact, it's home to some of the craziest and most colourful characters in London's history. Wander through the centuries to discover how this area evolved from Westminster Abbey's vegetable garden, becoming a bustling market, a theatre district, a centre of vice and deprivation, and even a slum that would inspire none other than Charles Dickens. Discover Central London's most fascinating district by meeting its inhabitants: the misfits of Covent Garden! Tours start at 3pm near Covent Garden station, which is easy to navigate to no matter where you are on the Day 2 route. But you could always reverse the route, and instead of starting around Covent Garden, end up that way later in the day.

**Check your booking confirmation email for the exact tour meeting point*

£ | Adult tickets are £25

 2 hours



Photo courtesy of Somerset House

Somerset House



Somerset House is many things. First and foremost, it's a historic building, wrapped around one of Europe's most beautiful courtyards, and it's home to one of the city's biggest creative communities. It's where freelancers, artists and small creative businesses can go to work, network, and have a space to innovate.

The general public gets to tap into the community with various events, exhibitions and more, which take place all year long. Some cool happenings at Somerset House during recent years have included a Peanuts (the cartoon) exhibition, the annual ice rink under the Fortnum and Mason Christmas tree, and outdoor film screenings right in the courtyard during the summertime. There are always a few things going on, so be sure to see if anything piques your interest for your visit.

Free (some exhibitions £)





Photo courtesy of Top Secret Comedy Club

Top Secret Comedy Club

Going to a comedy club is such a fun thing to do while in London. The Top Secret Comedy Club is a great option, as tickets are always affordable no matter which show you go to. Most of their shows happen in the evening, so you'll likely need to come back here after you've finished the rest of Day 2, but almost every day they do FREE shows in the afternoons with lesser-known comedians trying to practice their routine.

£ | Covent Garden



Varying times every day, [check their calendar here](#)



2.5 hours



Navigate to Seven Dials

Now, make your way towards Seven Dials, an area just a few minutes' walk from Covent Garden Piazza, where seven small streets converge onto a roundabout with a working sundial in the middle.

Around this area you'll find lots of boutique clothing and jewellery shops, plus some good eateries for all budgets. Have a wander – this is a great place to do some proper shopping and to get your hands on items that you can't get outside of London or the UK.



Photo courtesy of Neal's Yard

Neal's Yard

Tucked between two of the seven streets in Seven Dials, Neal's Yard is a popular spot to visit because of its vibrant colours (aka, it's very photogenic), but if you didn't know it was there, you'd completely miss its alleyway entrances. Use the Digital Map to find it – I've listed some of my favourite food and drinks spots in the Yard down in the food and drink section of this chapter.

If you arrive before lunchtime, it will be quieter and better for photo taking, but just know that most places in this teeny little courtyard won't be open yet.

Free





Photo courtesy of Arôme

Arôme



If you love pastries with a twist, Arôme London is an absolute must-visit. This gorgeous bakery blends French technique with Asian flavours to create some seriously unique treats. Their Honey Butter Toast, which is a thick, caramelised slice of fluffy Shokupan bread, is not one to miss. I tried it in our viral food [taste test video](#) and it DOES live up to the hype (and I don't say that often). You'll also find other interesting Asian/French fusion pastries and treats, plus great coffee from Allpress. Now the line to sit down inside can get really long here, so either go at an off-peak meal time (like 8am or 3pm) or get your treats for takeaway, because that line is MUCH faster. There are two locations on the Day 2 route.

£ | Covent Garden and Marylebone



Mon Closed, Tue - Sat 8am - 5pm, Sun 9am - 4pm



COVENT
GARDEN



MARYLEBONE



Photo courtesy of Seven Dials Market

Seven Dials Market

This market opened at the end of 2019, in an ex-banana warehouse (and now the fruit is its mascot). It's run by Kerb, who are responsible for some of London's best food markets, but beyond the stalls selling yummy foods like NY-style pizza and Taiwanese bao buns, there's Cucumber Alley, where you can find lots of street-food style sweets and other easy-to-eat treats.

Seven Dials Market is completely indoors so you can enjoy it rain or shine.

£ | Covent Garden



Mon - Tue 12pm - 10pm, Wed - Sat 11am - 11pm, Sun 11am - 9pm





Photo courtesy of Humble Crumble

Humble Crumble

If you've got a sweet tooth, don't walk past this one. Humble Crumble is a hole-in-the-wall (literally) crumble stall just across from Seven Dials Market. "Crumble" is a classic British dessert of soft, stewed fruit topped with a buttery, golden, rubble-like mixture of flour, butter and sugar, baked until crisp and optionally, topped with custard. Here, they serve it up warm in a cup, with generous portions and a rotating menu of flavours. Think classic apple alongside more creative seasonal options. You can then choose your toppings, which include torched meringue (!!!), whipped cream, chocolate sauce and more.

£ | Covent Garden



Mon - Fri 12pm - 10pm, Sat 11am - 10pm, Sun 11am - 9pm



Photo courtesy of Rokit

Rokit Vintage

Rokit Vintage has a few locations around London, and I've snagged some great pieces from this one near Seven Dials over the years. Not only do they have vintage, but they also have an upcycling program where they make new clothing from recycled fabric.

£ - ££ | Covent Garden



Mon - Sat 10am - 7pm, Sun 11am - 6pm



Navigate to Trafalgar Square

This is one of the city's most iconic squares, where many important events and ceremonies take place. Take it all in, then head into one of London's biggest FREE museums...



Photo courtesy of National Gallery

National Gallery

The National Gallery is home to over 2,000 pieces of European art from the Middle Ages to more recent centuries. Some of the most famous artists with paintings here include Botticelli, Leonardo da Vinci, Rembrandt, Van Gogh, and Turner. Join a free guided tour, or take part in one of the free family activities available.

Free



Mon-Sun 10am - 6pm (except Fri 10am - 9pm)



1-2 hours





Photo Courtesy of National Portrait Gallery via Facebook

National Portrait Gallery

Very similar to the National Gallery, but instead filled with the world's most extensive collection of portraits (naturally), this gallery features poignant figures in world history spanning from Tudor royalty to contemporary icons. This includes Frida Kahlo, George Washington, Alexander Hamilton and more.

While you're there, make sure you visit the Portrait restaurant and bar for amazing views over London. Kids will like the family activities and workshops here too.

Free (some exhibitions £)



Sun - Thu 10:30am - 6pm, Fri - Sat 10:30am - 9pm



45 minutes - 3 hours



Nelson's Column

Located in Trafalgar Square, Nelson's Column honours Admiral Horatio Nelson, who led Britain to victory in the 1805 Battle of Trafalgar. The 169-foot structure, completed in 1843, features a statue of Nelson overlooking London and is surrounded by four iconic bronze lions symbolising strength and protection. Each relief panel at the base represents Nelson's key battles.

Free



5 - 10 minutes



Navigate to Piccadilly Circus

Let's head towards Piccadilly Circus, where you'll see the world-famous media screens, the Eros statue, and more. Snap a picture and then just keep going! ;) Also around here, there's...



Photo courtesy of Piccadilly Arcade

The Arcades

Along Piccadilly, the road that runs between Piccadilly Circus and Green Park, there are three arcades: Piccadilly Arcade, Princes Arcade, and Burlington Arcade. These are not arcades that have video games in them, but rather beautiful little shopping halls. They're quite historic, being home to some of the city's oldest boutique shops. At the very least, they're lovely to walk down and window shop.

Free to visit | ££ - ££££



Trading hours vary by arcade



PICCADILLY
ARCADE



PRINCES
ARCADE



BURLINGTON
ARCADE



Photo courtesy of Maison Assouline

Maison Assouline

The Assouline brand was founded by Prosper & Martine Assouline, who wanted to create something that represented both culture and luxury. Their bookshop by Piccadilly Circus, Maison Assouline, is a curated collection of the most beautiful hardcover books you'll ever want to get for your coffee table. The shop itself is aesthetically pleasing too, and it has a cafe tucked inside it, perfect for escaping the tourist craziness just outside their doors.

£££ | St. James's



Mon - Wed 10:30am - 7pm, Thu - Sat 10:30am - 9pm,
Sun 12pm - 6pm



Photos courtesy of Fortnum and Mason

Fortnum & Mason



A world-famous, historic department store that's worth a visit while near Piccadilly Circus. Tourists often like to head here to get some British tea to take home as a souvenir. If you're visiting near Christmastime, pop in to see the decorations and gifts on offer. As you'll see later on, if you're looking for a super traditional afternoon tea experience, this is one of the best places in London to go.

Free to visit | £££ - ££££



Mon - Sat 10am - 8pm, Sun 11:30pm - 6pm



Need a sweet treat?

Along this part of the route there are some great independent spots in and around Chinatown and Piccadilly where you can pause for a sweet treat. But if you'd rather save your sugar fix for later, don't worry, there's a dedicated caffeine stop further along the route where you can grab a coffee and refuel then instead.



Photos courtesy of William Curley Patisserie Chocolatier

William Curley Patisserie Chocolatier ❤️

Tucked away from Soho's hustle and bustle in Smith's Court, which looks like it should be in a film set a century ago, is William Curley Patisserie Chocolatier. This hidden boutique is as beautiful as it is delicious, filled with handmade chocolates and truffles that look almost too good to eat (almost!). It's the perfect spot to pick up a treat for yourself or a gorgeous gift to take home, and trust me, once you try one, you'll wish you'd bought more.

£ | Soho



Mon - Sat 10:30am - 6pm, Sun 11am - 6pm



Photo courtesy of Taiyakiya

Taiyakiya ❤️

Taiyaki is a popular Japanese street food, and Taiyakiya's mission is to bring it to the West. You might have seen it before on Instagram, it's similar to a pancake but shaped like a fish, and filled and topped with many different options. You can go savoury, with something like kimchi and cheese or sausage, or you can go sweet, with ice cream and other sweet additions.

£ | Chinatown



Sun - Thu 11am - 10pm, Fri - Sat 11am - 10:30pm





Photo courtesy of Mamasons

Mamasons Dirty Ice Cream

Oooo this is one of my favourite sweet spots in London. Mamasons is the first Filipino bakery in London, and my favourite thing they do here is the Bilog, which is a sweet bun filled with ice cream and toasted. I recommend the Ube ice cream, made from Filipino purple yam. Looks good and tastes good.

£ | Chinatown

 Daily 12pm - 10pm



Afternoon Tea

There are so many great options for afternoon tea along today's route that I thought I'd dedicate a whole section to it. Afternoon tea, a favourite British tradition, is commonly taken between 12pm and 4pm, but each restaurant's hours for tea varies. Do NOT eat lunch if you'll be having tea; you want to go with an empty stomach and you'll be full up on sandwiches, scones and sweet treats for a while after you leave. Always book ahead for afternoon tea, and when you book, let them know about any dietary requirements.



2 - 3 hours



Photo courtesy of Claridge's

Claridge's

This is the tea of all teas; a world-famous experience. Claridge's is one of the city's top hotels, which means you might do some celeb spotting while you have your tea. And in terms of tea selection, they have the best in London, if not the world, with multiple very-rare options that come at no additional charge. BOOK VERY AHEAD!

££££ | Afternoon tea from £95pp

 Daily 2:45pm - 5:30pm





Photo courtesy of JW Marriott Grosvenor House

JW Marriott Grosvenor House



For an amazing London afternoon tea, The Park Room at JW Marriott Grosvenor House is a beautiful choice, and worth going off today's path a bit for. I'd even go as far as to say it's actually one of my favourite tea experiences in the world. The afternoon tea is less traditional, but features creative seasonal themes. As I'm writing this, they've got a Tales of Beatrix Potter theme to celebrate 160 years of Beatrix Potter. It includes five stunning pastries plus an amuse-bouche by Chef Patrick O'Sullivan. In winter, the hotel goes all out with festive teas too, so it's definitely worth checking the [Grosvenor House website](#) to see what's on when you're in town. Plus, the service is some of the BEST in the city.

££££ | Afternoon tea from £75pp



Daily 2:45pm - 5:30pm



Photo courtesy of sketch via Instagram

sketch



Now, you've probably seen this iconic afternoon tea spot plastered all over Instagram, but I'm here to assure you that beyond the good looks comes surprisingly great service, inventive sandwiches, sweets, and a setting that feels more like an art installation than a tea room. There's often something extra going on too, like live music, actors or seasonal themes that keep things fresh and is more than you'd find at almost any other afternoon tea in the city. And yes, it's known for having the coolest bathroom in London, too.

£££ | Afternoon tea from £85pp for adults, £55 for kids 15 & under



Mon - Thu 12pm - 4pm, Fri 11am - 4:30pm,
Sat 11am - 5pm, Sun 11am - 4:30pm



Photo courtesy of Rosewood Hotel

Rosewood Hotel's Art Afternoon Tea

For an elegant, themed tea, I love recommending the Art Afternoon Tea at the Rosewood, which is one of the most luxurious hotels in London, and maybe even the world. The sweets are inspired by famous artists and artworks, and look like little pieces of art themselves. The Rosewood has an impressive tea selection and you'll enjoy it all in the stunning Mirror Room.

££££ | Afternoon tea from £80pp



Daily 12pm - 5:45pm





Photo courtesy of Firmdale

Charlotte Street Hotel, Haymarket Hotel or Soho Hotel

I love these three hotels for a classic afternoon tea. I've lumped them together because they're all part of the boutique hotel chain called Firmdale, and every property of theirs has great service and delicious sweets and sandwiches, making it a relatively affordable and good value afternoon tea experience.

Plus, each hotel is beautifully decorated by Kit Kemp, and they are fantastic at accommodating dietary restrictions - just let them know in advance.

££ | Afternoon tea from £45pp



Hours vary depending on location



*Only Charlotte Street Hotel is fully accessible.



Photo courtesy of Fortnum & Mason

Fortnum & Mason Afternoon Tea ❤️

Opened by Queen Elizabeth II herself in 1922, Fortnum & Mason's Diamond Jubilee Tea Salon in the heart of Mayfair serves a classic selection of sandwiches, scones with clotted cream and pastries. When someone's looking for a very traditional, classic afternoon tea option I usually send them this one. I'd dress up a bit for this one as the tea salon is very elegant and most guests are dressed nicely for the experience.

££££ | Afternoon tea from £84pp



Mon - Thu 11am - 7:30pm, Fri - Sat 11am - 8:30pm,
Sun 11:30pm - 7:30pm



Navigate to Hyde Park

Unless it's miserably rainy and cold, it's absolutely worth visiting Hyde Park, as it's a point of pride for London. There are quite a few things to do here, but it's really just a lovely green space, so feel free to simply wander around enjoying it, with no plan in mind.



Photo courtesy of Royal Parks

Speaker's Corner

In 1872, this part of Hyde Park was set aside as an area for public speaking, and was an important part of the Suffragette movement. These days, on a Sunday morning, you might find people gathered around someone voicing their opinion. But anyone can turn up and speak at any time!

Free



Photo courtesy of Royal Parks

Rose Garden

A really lovely little part of Hyde Park. The best time to see the roses is early summer, but no matter when you visit, you'll be able to see something beautiful, like the birds that float around overhead.

Free



Photo courtesy of Royal Parks

The Serpentine

You can go row boating or swimming in the Serpentine lake during the warmer months. Even if you aren't blessed with high temps, this is still a big draw because of how lovely it looks.

Free to visit - | £



Navigate to Marble Arch

Once you're done in Hyde Park, ride your bike, walk, or take the bus to Marble Arch. If you're at Speaker's Corner, it's only a few minutes' walk. Once you're there, admire Marble Arch, play a round of ping pong if you'd like (or table tennis as they call it here) and then make your way down Europe's most famous shopping street: Oxford Street.



Photo courtesy of MoCo Museum via Facebook

Moco Museum

Known for its popular galleries in Amsterdam and Barcelona, Moco London features works by none other than Banksy, Basquiat, Kusama and Haring. A great pit-stop if you love contemporary, experimental art that explores modern issues with technology, capitalism and communication.

£ | Adult tickets from £26, Youth from 4-17 £21 and kids under 5 free.

 Mon - Thu 10am - 6pm, Fri - Sat 10am - 7pm

 1.5 hours



Navigate down Oxford St towards Regent St

Local tip: if you're finding Oxford Street too crowded, I give you an alternative route on the Digital Map to avoid it. Alternatively, if you do want to walk amongst it, just follow the walking directions directly to that pin.



Selfridges

My favourite department store in all of London: I think it trumps Harrods, but that's just my opinion! Do some high-end shopping, or just browse. Even just the ground floor, where the beauty and accessories departments are, is incredible. If you're hungry or could use a coffee, pop into one of the store's cafes or restaurants (there's even one on the rooftop).

I also recommend watching the TV show Mr. Selfridge before you come to London - it's loosely based on the American retail tycoon's story, and it makes visiting the store even more interesting.

Free to visit | £££ - ££££

 Mon - Fri 10am - 10pm, Sat 10am - 9pm, Sun 11:30am - 6pm





Photo courtesy of The Wallace Collection

The Wallace Collection



In the 18th and 19th centuries, the Marquesses of Hertford and Sir Richard Wallace built up an impressively huge collection of paintings, sculpture, furniture, arms and armour and porcelain. The collection was then gifted to the British public in 1897 so it could be enjoyed and admired by everyone.

That collection sits in an absolutely stunning mansion just a few minutes' walk from Oxford Street, and is completely free to visit. There's even a beautiful photogenic cafe to sip a coffee in.

Free | Marylebone



Daily 10am - 5pm



2 hours



Photo courtesy of Handel & Hendrix Museum

Handel and Hendrix Museum

It's a somewhat funny coincidence that two incredibly famous musicians lived in the same building in London, separated by only a couple of hundred years. This museum shows you what their homes were like (they're replicas of course), while also giving you a history lesson on the artists and their lives in London.

£ | Mayfair | Adult tickets from £15 and children under 16 go for free.



Wed-Sun 10am - 5pm (last entry at 4pm)



1 - 2.5 hours





Photo courtesy of Liberty London

Liberty London

Another world-famous luxury department store that's worth a visit. Some notable departments that I love are the chocolate shop, the fabric department (it's famous), and the Christmas shop. Fun fact – the iconic exterior of the store was made with the timber of two ships, and purposefully made to imitate a Tudor-style building.

Free to visit | £££ – ££££

 Mon – Sat 10am – 8pm, Sun 12pm – 6pm



Photo courtesy of Cartoon Museum

Cartoon Museum

If you find cartoons and comics to be a bit of lovely nostalgia for you, then pop over to the Cartoon Museum, where you'll find British cartoons, caricatures and comicstrips, owned and operated by the Cartoon Art Trust, a registered charity. There's a library of over 5,000 books and 4,000 comics to see, and the museum's aim is to champion cartoon and comic art, highlighting its value to culture and society. Along with the exhibits, they also have a programme of events and workshops you can get involved in when you visit, so check their website before you do. No need to book a ticket, just pay admission when you arrive or it's free entrance with the London Pass.

£ | Adult tickets from £12, kids under 18 go free

 Tue – Sat 10:30am – 5:30pm, Sun 12pm – 4pm

 1 – 1.5 hours



Need some caffeine?

If you find yourself a little sluggish at this point of the day, here are some nearby independent coffee shops in which I think you'll like taking a load off.



Photo courtesy of Bar Italia

Bar Italia

If you've been to Italy, you know that often, the best coffee bars are the unsuspecting-looking holes in the wall. That's what Bar Italia is. It looks like the decor or menu hasn't been updated for decades, but it works for them, because they do good coffee, simple Italian-style sandwiches, and a banging Tiramisu. Most of the time you'll find a long-time Soho resident sitting outside the bar, having a smoke and a coffee, most likely reflecting on "how much Soho has changed over the years".

£ | Soho

 Daily 7am - 4am



Photo Courtesy of The Attendant

The Attendant

The Fitzrovia location was the first, and it's the most special, because it was built in a disused public toilet. Although the urinals are partially still there, there's no toilet-y atmosphere to it, but rather a cosy little underground coffee bar and brunch spot with friendly staff.

£ | Fitzrovia

 Mon - Fri 8am - 4pm, Sat - Sun 9am - 4pm





Photo courtesy of Algerian Coffee Stores

Algerian Coffee Stores



You can spot this shop from blocks away due to its bright and hard-to-miss red-and-white striped awning. Pop into the shop and you'll be greeted by a wall of coffee beans and tea leaves. This is the place I recommend for those who want to bring some good tea or coffee beans home at an affordable price, and aren't fussed about some fancy brand or shop name. Ask the staff for recommendations, and they'll fill a bag up as high as you want.

Algerian Coffee Stores is also known for having the cheapest coffee in London, at just £1.50 for an espresso!

£ | Soho

 Mon - Wed 10am - 6pm, Thu - Sat 10am - 7pm



Photo courtesy of Fair Shot Cafe

Fair Shot Cafe



As you might have picked up already, I love London's social enterprise businesses, and Fair Shot Cafe is a worthy addition to this itinerary. Every year, the cafe offers 15 young adults with autism or a learning disability a leg up on getting a job in the hospitality world by putting them through their Hospitality Supported Internship Programme. Students learn the skills they need to begin a career in hospitality as a barista or cafe assistant, and after the programme they're helped with finding a job around the city. Stop into the beautiful cafe for some specialty coffee, fresh-baked pastries and cakes, and to support such an amazing effort.

£ | Covent Garden

 Mon-Fri 8am - 6pm, Sat 9am - 6:30pm, Sun 12-6pm



Optional detour: British Museum



British Museum

Possibly the most famous museum in London, the British Museum opened in 1753 and is home to various objects from all over the world, spanning many centuries. With an overwhelming 80,000 object on display, to see them all you'd be spending years here.

The British Museum is the world's largest collection of stolen goods and there have been calls from many countries around the world for stolen artefacts to be returned to their rightful owners.

£ | Holborn

 Daily 10am – 5pm (till 8:30pm on Fridays)



Navigate down Carnaby Street

Walk from Liberty London down Carnaby Street and you'll end up in Soho, a great jumping-off point for dinner and drinks once you're done sightseeing.



Photo courtesy of Carnaby

Carnaby

The area known as Carnaby, which is immediately around Carnaby Street and just around the corner from Liberty London, has become a favourite with the Love and London community. The colourful Carnaby Street makes for lovely photos, and the shopping and food spots here are fabulous, considering it's one of the busiest areas in London on the weekends. If you're in London during the Christmas period, they have some of the best Christmas lights in the city here.

Free to visit | £ – ££££





Photo courtesy of Carnaby

Kingly Court

If you don't notice the signs pointing here, you'd completely miss this lovely internal courtyard surrounded by restaurants. I've included my favourite recommendations in the food and drinks section.

£ - ££ | Carnaby

 Varies for each restaurant and store. [Check the website.](#)



Photo courtesy of Foyles

Foyles

If your idea of a literary dream is multiple floors of books, pop into Foyle's and drink it all in. They often have live jazz music playing here too, as well as some special events (check their website for more info).

Free to visit | £ - ££ | Soho

 Mon - Sat 9am - 9pm, Sun 11:30am - 6pm



Photo courtesy of Westminster City Council

Berwick Street



Teeny little Berwick Street is pedestrian-only, with a daily lunchtime market consisting of vendors that have been selling there for years. The street is also lined with great cafes, vintage clothing boutiques, a comics store, and a few costume shops.

Free to visit | £ - £££

 Mon - Wed 10am - 6pm, Thu - Sat 10am - 7pm



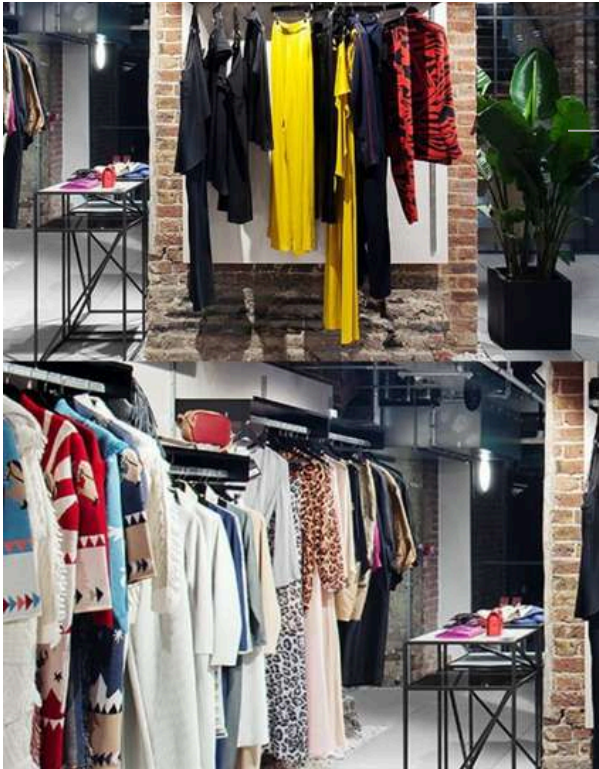


Photo courtesy of Wolf and Badger

Wolf and Badger

Wolf & Badger is one of my favourite shops because they stock pieces from independent designers, most of which are operating sustainably and ethically (you can find more info about what each brand does on their drop tags). Inside you'll find a chic shop lined with unique men's and women's clothing, accessories, jewellery, beauty products and homewares. Prices range from more affordable (but sustainable and indie, so don't expect fast-fashion prices, please) to luxury. If you do pick up something here, it's bound to be unique!

£££ - ££££ | Soho



Mon - Sat 10am - 7pm, Sun 12-6pm



Photo courtesy of The Photographers' Gallery

The Photographers' Gallery



Just off Oxford Street is the UK's first photography exhibition space, which opened back in the 70s. If you like photography, have a look at what exhibitions are on when you're in town. A recent highlight there was an incredible exhibit of Roman Vishniac's work, plus a floor of work dedicated to our addiction to the internet. It's free admission on Fridays from 5pm, BTW...

£ | Adult tickets from £12, kids under 18 go free



Mon - Wed 10am - 6pm, Thu - Fri 10am - 8pm,
Sat 10am - 6pm, Sun 11am - 6pm



Keep reading for cafe, restaurant and bar recommendations, and don't forget about the theatres and comedy clubs I mentioned earlier in the day.

DAY 2

FOOD AND DRINKS



When it's time to eat, here are my top suggestions, starting with breakfast spots near the day's starting point, and ending with dinner and drinks recommendations for a fun night out. Check your Digital Map to see which spots are closest to where you are at the moment you start to get hungry or thirsty, or book something in advance to guarantee a table, which is highly recommended for the areas covered today.

Breakfast Recommendations



Photo courtesy of Dishoom

Dishoom

As mentioned in Day 1, Dishoom is a very popular Indian restaurant in London with delicious breakfast, lunch or dinner. If you plan to go for lunch or dinner, try to get a reservation ahead of time, or arrive early.

££ | Carnaby and Covent Garden

 Hours vary depending on location



COVENT
GARDEN



CARNABY



Photo courtesy of Bageriet

Bageriet

A cute little hidden Swedish bakery that always smells amazing. They serve hot drinks too.

£ | Covent Garden

 Mon - Fri 9am - 6:30pm, Sat 10am - 6:30pm



Photo courtesy of St. John Bakery

St. John Bakery

Run by the legendary St. John, as mentioned in Day 1. Their bakery and wine shop in Neal's Yard is a cult favourite too. Here you can of course get their famous doughnuts, along with bread loaves, pastries and even wine.

£ | Covent Garden

 Mon - Sat 8am - 6pm, Sun 10am - 5pm





Photo courtesy of Redemption Roasters

Redemption Roasters

Coffee tastes SO much better when you know the money you paid for it is going towards a good cause, doesn't it? Enter Redemption Roasters, a boutique chain of beautiful coffee shops that are not only getting you through the day with some caffeine, but which are also helping current and ex-prisoners start a new life on the outside. They have an in-house barista training program at one of London's prisons, teaching skills that help their students find employment on the outside. They also hire some of their students in their cafes, which helps them start fresh and gain work experience. Oh BTW, brunch is served at select locations and is really good; I particularly love the breakfast bowl.

There are lots of locations around London these days, mostly around the Day 2 route, so I've marked them all on the Digital Map.

£-££ | Several locations



Trading hours vary by location



Lunch and Dinner Recommendations



Photo courtesy of Homeslice Pizza

Homeslice Pizza

Affordable yummy pizza that you can get by the slice (not super common in London). LOTS of vegan options available!

£ | Neal's Yard



Sun - Wed 12pm - 10pm, Thu - Sat 12pm - 11pm





Photo Courtesy of Plaza Khao Gaeng via Facebook

Plaza Khao Gaeng

Also included in Day 1 (their Borough Yards location), if you love proper, fiery Thai food, Plaza Khao Gaeng is one to add to your list. Tucked above Arcade Food Hall, this hole-in-the-wall spot serves up authentic Southern Thai dishes that pack a serious punch. Rich coconut curries, spicy stir fries and loads of fresh herbs are what you have to look forward to (I'll warn you though, you have to like spice for this one!). BTW if you're travelling with your family, kids are welcome before 7pm, but there's no stroller space, so that's just something to keep in mind.

£ - ££ | Soho



Mon - Sat 12pm - 10:30pm, Sun 12pm - 8:30pm



Photo Courtesy of Bancone

Bancone



As seen in Day 1! I'm all about the most authentic Italian cuisine, and Bancone gets my seal of approval. They primarily focus on handmade pasta, beautifully presented with unique flavours you won't find anywhere else. Their menu changes frequently depending on the availability of ingredients, so ask for a recommendation from your server, and if the Basil semifreddo with pistachio crumb & raspberry is on the menu when you visit, GET IT. For vegans that miss pasta, I recommend a visit here, as they always have one vegan starter and pasta option, and it's typically VERY good. They also offer gluten-free pasta. Also, get a spot at the counter (that's what Bancone translates to) so you can watch the chefs making pasta right in front of you.

££ - £££ | Covent Garden and Soho



Mon - Wed 12pm - 10pm, Thu - Sat 12pm - 10:30pm,
Sun 12pm - 9:30pm



COVENT
GARDEN



SOHO



Photo Courtesy of Cinnamon Bazaar via Facebook

Cinnamon Bazaar

If you're after flavour-packed Indian food, Cinnamon Bazaar is a brilliant pick, and a great alternative to Dishoom if you don't feel like waiting in a long line to eat. The menu mixes classic and contemporary dishes with everything from street-food-style chaats to rich curries and spiced grills. It's also home to one of London's most affordable afternoon teas called the Trader's High Chai Afternoon Tea Cinnamon Bazaar. It's a favourite of mine... super unique and is perfect if you're more of a savoury person over having a sweet tooth.

££ | Covent Garden



Mon - Sat 12pm - 10:30pm, Sun 12pm - 9pm





Photo courtesy of The Palomar

The Palomar



The Palomar is one of my favourite restaurants in London. Its Israeli-inspired tapas-style menu is unique, so ask your server for some help with choosing the yummiest plates. If you are in a party of three or less, the best seat in the house is at the bar - it's incredible to watch the kitchen put all of the dishes together right in front of you, and the kitchen staff are always friendly and strike up a conversation in between plating. Make a reservation well in advance, and while the menu changes frequently, I absolutely recommend starting your meal with the Kubaneh... DO IT!

££ - £££ | Chinatown



Mon 5pm - 10pm, Tue - Wed 12pm - 2:30pm & 5pm - 10pm,
Thu - Sat 12pm - 2:30pm & 5pm - 10:30pm,
Sun 12pm - 2:30pm & 5pm - 9pm



Photo courtesy of Hoppers via Instagram

Hoppers



If you've never had Sri Lankan cuisine, then go to Hoppers. It's reminiscent of Indian, but with unique flavours that you've likely never had before. It reminds me of my time travelling around the island country but Hoppers is a hit with almost all Londoners, plus they do a pretty affordable set-menu option which I usually do when I go here.

There are four locations: Soho, Marylebone, Shoreditch, and Kings Cross. But no matter which location you choose, be sure to book at least a few days ahead, especially if you want to go on a weekend.

££-£££ | Soho, Marylebone, Shoreditch and King's Cross



Trading hours by location



SOHO



MARYLEBONE



SHOREDITCH



KING'S CROSS



Photo courtesy of Madera

Madera

There aren't a ton of restaurants and bars with skyline views around central London, so Madera is quite special. Located on the 15th floor of the Treehouse Hotel in Marylebone, this stylish restaurant serves "reimagined Mexican cuisine" for breakfast, lunch, and dinner. The food is really good here, as well as the coffee and cocktails. Doesn't hurt to enjoy them all with some London views... and I've found that you can often walk in without a reservation pretty easily here.

£££ | Marylebone



Mon - Fri 7am - 11am & 12pm - 10pm, Sat - Sun 8am - 10pm





Photo courtesy of Rovi

Rovi



Israeli-British chef Yotam Assaf Ottolenghi has made quite an impact here in London, and Rovi (derived from Fitzrovia, the area it's in) is one of his most recent ventures. The restaurant's design is minimalistic, but the service and menu are not. Ask the staff for a recommendation; they are incredibly knowledgeable and they never steer us wrong. And the coolest part? It's a low-waste restaurant.

Definitely make a reservation in advance, but if you're really lucky and go right at opening time, you might be able to do a walk-in.

£££ | Fitzrovia



Mon - Thu 12pm - 2:30pm & 5pm - 9:30pm,
Fri - Sat 12pm - 10:15pm, Sun 11:30am - 3:30pm



Photo courtesy of Fatt Pundit and Covent Garden

Fatt Pundit

Fatt Pundit hit the central London food scene a couple of years ago and it was an instant hit. The Indian cuisine served here is influenced by what you'd find in Kolkata, and combines traditional Chinese cooking techniques with classic Indian spices to create a menu you won't find in any other restaurant in London, and probably the whole of the UK. Some of my top must-order dishes are the popcorn cauliflower, the Bombay chilli mock chicken, and the crispy okra, but you cannot go wrong when you order here. It's also a great spot if you've got any dietary restrictions in your group as they have menus for vegan, dairy-free, pescatarian, and gluten-free diners.

There are two locations, one in Soho and the other in Covent Garden. Just a heads up, service can sometimes be hit-or-miss, but the food makes up for it, so just bring a bit of patience when you visit.

££ | Soho and Covent Garden



Trading hours vary by location



SOHO

COVENT
GARDEN



Photo Courtesy of Bubala

Bubala

Bubala is a Middle Eastern restaurant in the heart of Soho, where everything on the menu is either vegetarian or vegan. Meat eaters - don't let that turn you off! The flavours coming out of this place will make you forget all about needing meat. For me, the burnt butter hummus, baba ganoush and mushroom skewers are standouts, to the point my mouth is salivating just thinking about them, but honestly, everything that hits the table is worth ordering so don't overthink it. It's one of the city's most popular restaurants,, so definitely book in advance- there are three locations.

££ | Soho

🕒 Mon - Fri 12pm - 3pm & 5pm - 11:30pm



Photo courtesy of Plum Valley

Plum Valley



For a sit-down lunch or dinner in Chinatown, Plum Valley is my go-to in the area. They have an extensive menu of traditional Chinese dishes, as well as some modern and inventive Chinese-inspired ones. Plum Valley is one of the most veggie-friendly places in Chinatown, and I highly recommend any of their mock chicken dishes. Make a reservation if you can, but I have successfully done a walk-in here many times.

£-££ | Chinatown

🕒 Sun - Thu 12pm - 11pm, Fri - Sat 12pm - 12am





Photo courtesy of Chinese Tapas House

Chinese Tapas House

Introduced to me by my YouTuber friend Shu, this is now one of my favourite cheap eats in London. Chinese Tapas House is a bit of a hole in the wall, serving up Jian Bing, which is a bit like a Chinese crepe. The “wrap” is made with egg and then it’s filled with anything you’d like, with plenty of meat and veggie options. Grab yours and then round the corner to Chinatown’s picnic table area to enjoy it.

£ | Chinatown



Daily 11:30am - 9pm



Photo Courtesy of Berenjak

Berenjak



(As seen in Day 1) Kian Samyani, the founder of Berenjak, wanted the restaurant to resemble a rustic hole-in-the-wall eatery in Tehran (the decor reflects this), and “to reinterpret signature dishes using seasonal British ingredients”. The restaurant is actually named after the handfuls of brightly coloured rice eaten like a snack in Persia. The food is delicious here - I highly recommend ordering one of the flatbreads to start, and the black chickpea hummus. The hummus is a MUST, like, I’ll be mad at you if you don’t try it...

Also, if it’s just two of you dining at Berenjak, book to sit at the bar so you can watch the flatbreads and kebabs being made right in front of you. Definitely make a reservation ahead of time. There are 3 locations.

££ | Soho, Mayfair, Borough



Mon 5:30pm - 11pm, Tue - Thu 12pm - 3pm & 5:30pm - 11pm, Sat 12pm - 11pm





Photo courtesy of The Duck and Rice

The Duck and Rice

The Duck and Rice classifies itself as a pub, but I would only call it that when they have the football on... otherwise, the two-story restaurant serves really tasty Chinese food (with some other Asian influences mixed in). It's also one of those places that does vegan and vegetarian food so good that even meat-lovers are into it big time. Book ahead if you can but this is a good place to get a day-of rez.

££ | Soho



Sun - Mon 12pm - 10pm, Tue - Sat 12pm - 11pm



Photo courtesy of Bao

Bao



One of London's top spots for steamed buns, this Taiwanese mini-restaurant is always heaving. There's a tiny menu that you mark off yourself to tell your server what you want to eat and drink, and the tasty dishes come out on interesting plates, ready to be devoured. They have multiple locations throughout the city, but this specific location had a Michelin Bib Gourmand from 2016-2022.

££ | Soho



Mon - Thu 12pm - 3pm & 5pm - 10pm,
Fri - Sat 12pm - 10:30pm, Sun 12pm - 9pm



Photo courtesy of Imad's Syrian Kitchen

Imad's Syrian Kitchen

Founded by Imad Alarnab, a Syrian chef and refugee, this lovely restaurant in the heart of Kingly Court packs a punch. Inspired by flavours of Damascus, the menu features plenty of crowd favourites like spiced falafels and smoky baba ghanouj (which are all top-tier), as well as some unique plates like the slow-roasted lamb shoulder and spiced okra. I also love the decor in here, it's beautiful while also feeling a bit like you're in someone's home.

££ | Kingly Court



Mon - Wed 8:30am - 9:30pm, Thu - Fri 8:30am - 10pm,
Sat 9am - 10pm, Sun 11am - 9pm





Photo courtesy of Darjeeling Express via Instagram

Darjeeling Express

Founded by renowned chef and activist Asma Khan, Darjeeling Express is an Indian restaurant known for its all-female kitchen team and homestyle cooking. Khan, who started her journey from hosting supper clubs to establishing a renowned restaurant, was featured on Netflix's 'Chef's Table', and in 2024, she was named one of *TIME*'s 100 most influential people. The menu at Darjeeling Express offers dishes inspired by Khan's Mughlai ancestry and the streets of Calcutta. Menu standouts include the channa chaat and the chilli cheese toastie. Thank me later.

££ | Soho



Mon - Wed 12pm - 2:15pm, 3pm - 5pm & 6pm - 9pm,
Thu - Sat 12pm - 2:15pm & 3pm - 9pm



Photo courtesy of Tendril

Tendril



Back in 2018, chef Rishim Sachdeva, a self-proclaimed "hardcore meat eater", set himself the challenge of doing Veganuary. But once February first rolled around, he decided he no longer needed to eat meat or fish, and he went on to create Tendril, a modern and luxurious plant-first restaurant. I've seen them create some incredible things with plants here, which you won't find anywhere else. Tendril isn't fully plant-based, but has ever-changing seasonal menus perfect for vegans, vegetarians, and anyone who just likes beautiful, unique dishes. I highly recommend opting for the set menu over à la carte for the best experience.

££ - £££ | Oxford Circus



Mon 5pm - 10:30pm, Tue - Fri 12pm - 3:30pm & 5pm - 10:30pm,
Sat 12pm - 10:30pm, Sun 12pm - 4pm





Photo courtesy of Mayfair

Mercato Mayfair

A quick walk from Marble Arch lies this restored church in Mayfair, which is now home to a great food hall. Spread across two floors full of global cuisines, you can get your hands on handmade pasta, sushi, and bao, plus enjoy a drink or two at its rooftop terrace and wine cellar. It can get pretty busy so I recommend finding a table first so someone can hold onto it, and then going to choose your meal and drinks.

£ - ££ | Mayfair



Mon - Thu 8:30am - 11pm, Fri - Sat 8:30am - 12am,
Sun 8:30am - 10:30pm



Photo courtesy of Lina Stores via Facebook

Lina Stores

Lina Stores has a few locations around the city now, so if you can't make it today, you'll have other chances. But it's become a favourite of Londoners for a somewhat affordable, very tasty and a bit of an innovative Italian menu that works for almost everyone, even vegans and gluten-free people. Plus the blue-green branding is adorable. My must-orders include the Gnudi Fritti (fried ricotta & herb gnudi and Calabrian chilli marmellata) and rosemary foccacia to start, then I change it up for my main. If I don't have the Lina Store Negroni, there was actually no point in me even dining there that day ;)

They also have a beautiful little store which oozes high-end Italian delicatessen vibes. But here's the fun part-- at night, at the back of the shop is a hostess, who can bring you down to the Italian-style speakeasy bar downstairs. And everytime you order a round of drinks, they serve you a mini panino!

££ | Soho



Mon - Thu 12pm - 2:15pm & 5pm - 11pm, Fri - Sun 12pm - 11pm



SOHO

MARYLEBONE



Photo courtesy of Poppies

Poppies Fish & Chips

When people ask me where to get good fish and chips in London, Poppies is always my go-to recommendation. This Soho spot, right in the heart of the West End, is perfect for a pre-theatre or post-big-day-of-walking meal. I'll warn you, the portions are HUGE, so it's definitely one to share if you're not super hungry. Don't skip the mushy peas either, they're iconic! If you're vegetarian, go for the veggie pasty instead, which is a semi-circular baked pastry parcel filled with vegetables like potato, onion, carrots and peas. Oh, and a little treat for you: I've managed to get you a 20% discount, just show [this discount card here](#) to your server or at the register before you pay.

££ | Soho

🕒 Sun - Wed 11am - 10pm, Thu - Sat 11am - 11pm



Photo courtesy of The Dog and Duck via Instagram

The Dog and Duck

Decent pubs are hard to come by in central London, but The Dog and Duck is worthy of your patronage, in my opinion. The original pub was built in 1734, and then the current building popped up in 1897. It's had famous patrons such as John Constable, Dante Gabriel Rossetti, George Orwell and even Madonna. I can't recommend the pub grub as I haven't tried it myself, but it's usually hit or miss at places in central London.

££ | Soho

🕒 Mon 11:30am - 11pm, Tue - Thu 11:30am - 11:30pm, Fri - Sat 11am - 12am, Sun 12pm - 10:30pm



Photo courtesy of Speedboat Bar

Speedboat Bar



When people want to eat in Chinatown, they often miss Rupert Street as it's not directly connected to the main parts of the area. It's a shame for them really, as there are some GREAT food and drink spots along it, like Speedboat Bar, which is actually a restaurant but is modelled after the late-night canteens you'd find in Bangkok's own Chinatown. Colourful and funky decor adorns the ground and first floors, and when you sit down to eat you'll be ordering DELISH dishes like colourful curries, aromatic stir-fries, drunken noodles (a can't-miss) and more. The menu of alcoholic and non-alcoholic drinks should not be ignored either – you can even order a Singha beer tower! The fun part? Speedboat is a late-night destination, so you can arrive here at midnight on a Friday or Saturday night and head upstairs for late-night eats, a round of pool and, of course, lots of drinks. There's also a Notting Hill location, included in Day 4.

££ | Chinatown

🕒 Mon - Thu 12pm - 12am, Fri - Sat 12pm - 1am, Sun 12pm - 11pm



Drinks Recommendations



Photo courtesy of Gritchie Pubs

Lore of the Land

Lore of the Land is one of London's classiest pubs, in my humble opinion. Owned by Guy Ritchie, you'll step inside Lore and see beautiful traditional decor, pub staff dressed to the nines, and on weekday evenings you'll feel the post-work vibe of an over-30s crowd. Food here is actually divine, so don't hesitate to book in for a pub lunch or Sunday roast upstairs. Otherwise, do what Londoners do and just enjoy a pint or two of Guy's very own brews or something from their French wine list.

££ | Fitzrovia

🕒 Mon 3pm - 10pm, Tue - Thu 12pm - 11pm,
Fri 12pm - 12am, Sat 12pm - 11pm, Sun 12pm - 7pm
(Kitchen hours vary)



Photo courtesy of The Footman

The Footman

A fancy little pub hidden away in Mayfair, where you'll find the bankers and financiers that live and work in the area having a post-work drink or watching "the football" in the most sophisticated way. I've not eaten here before but have heard good things about the pub grub, including Sunday roast.

££ | Mayfair

🕒 Daily 12pm - 11pm (except Sundays 10pm)



Photo courtesy of Cahoots

Cahoots

If you like immersive food and drink experiences, book yourself a table at Cahoots, a 1940s themed bar set inside an abandoned Underground station (not a real one, just FYI). There are three spaces you can drink and dine in, but in my opinion the best is the one called "Underground", as it's the coolest and most like a speakeasy. Order a cocktail from the menu that goes along with the theme, with names like "Sip for Victory" and "The Biscuit Tin" (a recent favourite of mine is the "Winston Churchill"), which all come in funky glassware. There are snacks and nibbles you can order as well. DEFINITELY book far ahead and be sure to choose "Underground" when doing so.

£££ | Kingly Court

🕒 Mon - Wed 5pm - 1am, Thu - Fri 4pm - 2am,
Sat 12pm - 2am, Sun 4pm - 12am





Photo courtesy of Bar Crispin via Instagram

Bar Crispin



Bar Crispin is a cosy, all-day wine bar in Soho known for its creative small plates and curated list of wines. Its menu is ever-changing, and while the kitchen is small, the chefs know their way around seasonal and fresh ingredients. Cocktails are limited but cleverly done, and the vibe is cool and unfussy. I'd say it's a great place for a relaxed lunch, an aperitivo, or a casual-yet-trendy dinner. It's the younger, more playful sibling of Crispin in Spitalfields (which you might hit on day 3), and well worth a stop.

££ | Soho

🕒 Mon - Fri 12pm - 11pm, Sat 1pm - 11pm, Sun 1pm - 6pm



Photo courtesy of Antidote Wine Bar via Instagram

Antidote Wine Bar

Tucked off Carnaby Street, Antidote is a cosy little wine bar that's been around for over 15 years. The space is split over two floors, with a laid-back ground floor bar and a more intimate dining room upstairs. The wine list is all organic and sourced from small producers. Food-wise, expect a weekly-changing menu of seasonal small plates, artisanal cheeses, and charcuterie, all designed to complement the wines. If you're keen to learn more, Antidote also offers wine tasting sessions with cheese and charcuterie pairings.

££ | Soho

🕒 Mon 5pm - 11pm, Tue - Sat 12pm - 11pm



Photo courtesy of The Devonshire via Instagram

The Devonshire

Considered one of the best pubs in London, The Devonshire is an institution in its own right. Constantly heaving—and for good reason, the pub sells around 20,000 pints of Guinness each week, which stands as the most pints sold for a single outlet in the ENTIRE world (!!)

They've also got some pretty fine fare thanks to its very own wood ember grill restaurant serving up beef, fresh fish, lobster and hand-dived scallops from Devon. If you want to find yourself having pints in one of the coolest but more relaxed parts of central London, this is likely it.

£-££ | Soho

🕒 Mon - Sat 11am - 11pm, Sun 11am - 10pm





Photo courtesy of Soma

Soma



Soma is one of the sexiest cocktail bars in Central London. Reservations are hard to come by, and for good reason. This speakeasy-style bar with black and silver interiors is intimate and sexy while also being relaxed and friendly. I recommend the Chaat (similar to a marg) and the Leaf (similar to a gimlet). This is a great place to start your evening before heading to a nearby Soho dinner spot. Book ahead!

££ | Soho



Mon - Tue 6pm - 1am, Wed - Thu 6pm - 2am,
Fri - Sat 6pm - 3am, Sun 5pm - 10:30pm



Photo courtesy of Friendly Society

Friendly Society

Head down the basement steps to Friendly Society and prepare for sensory overload. Think: Barbie dolls stuck to the wall, crazy neon signs, and a ton of disco balls. This LGBTQ+ watering hole (all are welcome) is the epitome of the quirky and fun queer scene you'll find in Soho. So grab yourself a cocktail and get ready for a fun time.

££ | Soho



Mon - Thu 4pm - 11:30pm, Fri - Sat 4pm - 12am, Sun 4pm - 10:30pm



Photo courtesy of Milroy's via Instagram

3 Greek Street and The Vault

OK whiskey fans, this is THE place to go in London. 3 Greek Street is a very relaxed, down-to-earth place, but the staff really know their whiskey, and most of the patrons are known by name because they visit so often. Don't be intimidated though, it's very chill - just ask for a recommendation if you are stumped when you first arrive.

Then there's The Vault, a speakeasy that you might have seen in a few of Love and London's videos. To get there, walk to the back of 3 Greek Street, push back the bookcase, and you'll see a sign pointing you downstairs, where you'll find a sexy little cocktail bar. The bartenders are fantastic, they can explain the detail of how each cocktail is made and what goes into it.

£££ | Soho



Mon - Sat 10:30am - 12am, Sun 2:30pm - 10:30pm





Photo courtesy of Bar Termini

Bar Termini



A TINY Italian-inspired espresso and cocktail bar with classic decor and bartenders dressed to the nines, ready to give you a stellar recommendation. They're most famous for their negronis (I can vouch for them), but it's truly impossible to go wrong when choosing from their curated menu. Once you're a fan, you can ask to buy one of their bottled house negronis to take home with you. Book ahead!

££ | Soho



Mon - Thu 10am - 11:30pm, Fri - Sat 10am - 1am,
Sun 11am - 10:30pm



Photo courtesy of iClub London

Ronnie Scott's

Ronnie Scott's is an icon of the Soho social scene, and is THE place to watch live jazz in London. Opening back in 1959 by Ronnie Scott and Pete King, it's long been the place to see both famous and up-and-coming names in the genre. It was named by the Brecon Jazz Festival as one of 12 venues that made the most important contributions to jazz in the United Kingdom. So... if you like jazz, you'll want to do at least one evening here. There are a couple of different stages in the venue, with the upstairs having been recently renovated, and some shows require tickets and sell out in advance, while others you can buy on the door, so check out their website to see what's on while you're in town and buy or book accordingly.

£££ | Soho



Mon - Tue 5:30pm - 11pm, Wed - Sat 5:30pm - 3am,
Sun 12pm - 4pm & 6:30pm - 11pm





Photo courtesy of Opium

Opium

London doesn't have many speakeasy bars, but Opium is one of the few. Located in Chinatown, it's 1920s Shanghai themed, split across two floors with three different bars that have their own signature cocktail menu: Apothecary Bar, Academy Bar and Peony Bar.

To find Opium, you can follow the pin on the Digital Map, but once you arrive at the pin you'll need to look for a discreet jade door, on which you'll knock and then be let in. You usually need a booking to visit, but it's worth giving a walk-in a try if you're in the area.

£££ | Chinatown

🕒 Mon - Tue 5pm - 1am, Wed - Thu 5pm - 2am,
Fri - Sat 5pm - 3am, Sun 5pm - 12am



Photo courtesy of The Blue Posts

The Blue Posts

Lots of the pubs can be pretty *meh* around this area, but one of my faves is nestled in Berwick Street. It's a buzzy, old school spot popular with Londoners who work in the area and want to grab a pint either during lunch or after work wraps up. The crowd and staff are usually pretty friendly!

£-££ | Soho

🕒 Mon - Sat 11:30am - 11pm, Sun 11:30am - 10:30pm



Photo courtesy of The Lamb and Flag

The Lamb and Flag

The pubs in central London can be a bit hit or miss, but The Lamb and Flag is on the "hit" list, thanks to its impressive history. The first mention of a pub in this location goes all the way back to 1772, under a different name. In 1883, it became The Lamb and Flag, and there are rumours of famous patrons like Charles Dickens being regulars here. Pop into this tiny pub, located down a discreet alleyway (which used to have a dodgy past; thankfully it no longer does) and grab yourself a pint and/or a pub lunch.

By the way, if you book onto the [bike tour](#) I mentioned in Day 1, you'll visit this historic pub for a little cycling break.

££ | Covent Garden

🕒 Mon - Sat 11am - 11pm, Sun 12pm - 10:30pm





Photo Courtesy of Compagnie des Vins Surnaturels

La Compagnie

You might be in Seven Dials a little too early for a glass of wine, but you can grab one anytime from midday at this gorgeous little wine bar. This spot is quite small, but they do wine and cheese very well – it's great for discerning palates of either. The wine selection is fantastic, and they have the option to order a “mystery wine” – if you guess which one it is on the menu, you get a bottle of it for free.

£££ | Neal's Yard



Mon - Wed 4pm - 11pm, Thu - Sat 12pm - 12am, Sun 12pm - 11pm



Photo courtesy of 10 Cases

10 Cases

This is a sexy little wine bar on Endell Street, not too far from Covent Garden. It's called 10 Cases because they only order 10 cases of each new wine they buy, so that they always have a fresh menu of choices for guests. 10 Cases is not only great for wine, but they also hand make beautiful pasta dishes to enjoy while you drink. Just check the daily menu board to see what strikes your interest when you visit.

Book ahead if you can as it's fairly small, but I've been able to walk-in many times with no wait.

££ - £££ | Covent Garden



Mon - Sat 12pm - late





Photo courtesy of Side Hustle

Side Hustle

The NoMad is a hotel housed in a historic, Grade II listed building famously known as The Bow Street Magistrates' Court and Police Station. Enter the hotel and turn right, and you'll make your way into Side Hustle, a luxe cocktail bar influenced by the flavours of Mexico. You'll be greeted with a menu of agave-based spirits so if you like tequila and mezcal, this is YOUR spot. I can't go past the Sergeant Pepper. There's a nice mix of Mexican-inspired dishes to choose from too, from guac to tortillas to churros.

££ - £££ | Covent Garden



Mon - Sat 5pm - 12am, Sun 5pm - 11pm



Photo courtesy of Piazza Terrace Bar at the Royal Opera House

Piazza Terrace Bar at the Royal Opera House

This gem at the Royal Opera House is an open-air terrace bar overlooking Covent Garden. And whilst you'll come for the view — you'll stay for their great list of curated cocktails, fine wines and light bites. It's the perfect spot for pre-show refreshments or an afternoon drink away from Covent Garden's crowds.

££-£££ | Covent Garden



Mon - Sat 12pm - 11pm, Sun 12pm - 9pm



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LONDON DAY 2 CHECKLIST

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| ☐  West End Theatres | ☐  Hyde Park |
| ☐  Royal Opera House | ☐  Speaker's Corner |
| ☐  St. Paul's Church | ☐  Rose Garden |
| ☐  London Transport Museum | ☐  The Serpentine |
| ☐  Floral Street | ☐  MoCo Museum |
| ☐  Boutique Beauty Shops | ☐  Selfridges |
| ☐  Misfits of Covent Garden Walking Tour | ☐  The Wallace Collection |
| ☐  Somerset House | ☐  Handel and Hendrix Museum |
| ☐  Top Secret Comedy Club | ☐  Liberty London |
| ☐  Neal's Yard | ☐  Cartoon Museum |
| ☐  Arôme | ☐  Bar Italia |
| ☐  Seven Dials Market | ☐  The Attendant |
| ☐  Humble Crumble | ☐  Algerian Coffee Stores |
| ☐  Rokit Vintage | ☐  Fair Shot Cafe |
| ☐  National Gallery | ☐  British Museum |
| ☐  National Portrait Gallery | ☐  Carnaby |
| ☐  Nelson's Column | ☐  Kingly Court |
| ☐  The Arcades | ☐  Foyles |
| ☐  Maison Assouline | ☐  Berwick Street |
| ☐  Fortnum & Mason | ☐  Wolf and Badger |
| ☐  William Curley Patisserie Chocolatier | ☐  The Photographers' Gallery |
| ☐  Taiyakiya | |
| ☐  Mamasons Dirty Ice Cream | |
| ☐  Afternoon Tea | |
| ☐  Claridge's | |
| ☐  JW Marriott Grosvenor House Afternoon Tea | |
| ☐  sketch | |
| ☐  Rosewood Hotel's Art Afternoon Tea | |
| ☐  Charlotte Street Hotel, Haymarket Hotel or Soho Hotel | |
| ☐  Fortnum & Mason Afternoon Tea | |

LONDON DAY 2 CHECKLIST

Food and Drinks

- | | |
|--|--|
| ☐  Dishoom | ☐  The Dog and Duck |
| ☐  Bageriet | ☐  Speedboat Bar |
| ☐  St. John Bakery | ☐  Lore of the Land |
| ☐  Redemption Roasters | ☐  The Footman |
| ☐  Homeslice Pizza | ☐  Cahoots |
| ☐  Plaza Khao Gaeng | ☐  Bar Crispin |
| ☐  Bancone | ☐  Antidote Wine Bar |
| ☐  Cinnamon Bazaar | ☐  The Devonshire |
| ☐  The Palomar | ☐  Soma |
| ☐  Hoppers | ☐  Friendly Society |
| ☐  Madera | ☐  3 Greek Street and The Vault |
| ☐  Rovi | ☐  Bar Termini |
| ☐  Fatt Pundit | ☐  Ronnie Scott's |
| ☐  Bubala | ☐  Opium |
| ☐  Plum Valley | ☐  The Blue Posts |
| ☐  Chinese Tapas House | ☐  The Lamb and Flag |
| ☐  Berenjak | ☐  La Compagnie |
| ☐  The Duck and Rice | ☐  10 Cases |
| ☐  Bao | ☐  Side Hustle |
| ☐  Imad's Syrian Kitchen | ☐  Piazza Terrace Bar at the Royal Opera House |
| ☐  Darjeeling Express | |
| ☐  Tendril | |
| ☐  Mercato Mayfair | |
| ☐  Lina Stores | |
| ☐  Poppies Soho | |

LONDON DAY 2

Remember: you're not meant to do EVERYTHING.
I recommend picking 5-6 attractions a day, and a place to eat for each meal.

Spots to eat...

☐	
☐	
☐	
☐	
☐	

Must do...

☐	
☐	
☐	
☐	
☐	
☐	

I'd also like to see...

☐	
☐	
☐	
☐	
☐	
☐	

DAY 2 BOOKINGS AND TICKETS TRACKER

A list of all of the spots along the Day 1 route that might need advance booking. Click on the links in the column "Book/Reserve here" to go directly to each attraction's booking or reservations page. You can also print these pages out and use the last column to keep track of which bookings you've made and when you've made them for.

Sights and POIs

Sights and POIs		Book/Reserve here	Booked/Bought?
Royal Opera House		Book in advance	
Misfits of Covent Garden Walking Tour		Book in advance	
Top Secret Comedy Club		Book in advance	
Moco Museum	 	Book in advance	
Cartoon Museum	 	Book in advance	

Cafes and Sweet Treats

Afternoon Tea at Fortnum & Mason		Book in advance	
JW Marriott Grosvenor House Afternoon Tea	   	Book in advance	
Claridge's	   	Book in advance	
Rosewood Hotel's Art Afternoon Tea	   	Book in advance	
Afternoon Tea at Charlotte Street Hotel	   	Book in advance	
Afternoon Tea at Haymarket Hotel	  	Book in advance	
Afternoon Tea at the Soho Hotel	  	Book in advance	
Afternoon Tea at sketch	  	Reserve if you can	

Street Food and Restaurants

Kingly Court		Reserve if you can	
Dishoom (Covent Garden)	   	Reserve if you can	
Dishoom (Carnaby)	   	Reserve if you can	
Bancone (Soho)	  	Make a reservation	
Bancone (Covent Garden)	  	Make a reservation	
The Palomar	   	Make a reservation	
Rovi	   	Make a reservation	
Lina Stores (Soho)	   	Make a reservation	
Lina Stores (Marylebone)	   	Make a reservation	
The Devonshire		Make a reservation	
Hoppers (Soho)	  	Book in advance	
Hoppers (Marylebone)	  	Book in advance	
Hoppers (King's Cross)	  	Book in advance	



WHEELCHAIR
FRIENDLY



VEGGIE
FRIENDLY



VEGAN
FRIENDLY



GLUTEN-FREE
FRIENDLY



ATTRACTION INCLUDED
IN THE LONDON PASS

DAY 2 BOOKINGS AND TICKETS TRACKER

A list of all of the spots along the Day 2 route that might need advance booking. Click on the links in the column "Book/Reserve here" to go directly to each attraction's booking or reservations page. You can also print these pages out and use the last column to keep track of which bookings you've made and when you've made them for.

Street Food and Restaurants

Book/Reserve here

Booked/Bought?

The Duck and Rice	  	Reserve if you can	
Plum Valley	  	Reserve if you can	
Fatt Pundit (Soho)	  	Book in advance	
Fatt Pundit (Covent Garden)	  	Book in advance	
Tendrill	  	Book in advance	
Berenjak		Make a reservation	
Madera	  	Make a reservation	
Darjeeling Express	  	Reserve if you can	
Plaza Khao Gaeng	 	Make a reservation	
Cinnamon Bazaar	   	Reserve if you can	
Bubala	  	Reserve if you can	

Pubs and Bars

Cahoots		Make a reservation	
La Compagnie		Reserve if you can	
Opium		Make a reservation	
Side Hustle		Make a reservation	
The 10 Cases	  	Reserve if you can	
3 Greek Street and The Vault		Reserve if you can	
Soma		Book in advance	
Ronnie Scott's	 	Book in advance	
Speedboat Bar		Reserve if you can	
Bar Termini		Make a reservation	
Lore of the Land		Reserve if you can	
Bar Crispin	  	Make a reservation	
Antidote Wine Bar		Make a reservation	